

# REFUGEES & MIGRANTS: UNDERSTANDING THE REALITY AND CHALLENGES



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## LANGUAGE



English

## LOCATION



Sevilla (Spain)

## MODE



In-person

## COURSE DATES



2 Feb - 6 Feb  
1 Sep - 11 Sep

This training course has been developed for the professionals working with migrants to have an overview of the challenges and opportunities faced by individuals who have been forced to leave their home countries due to conflict, persecution or other reasons. It covers topics such as the legal rights of migrants and refugees, the impact of displacement on mental health, cultural adaptation and strategies for supporting the integration of migrants and refugees into new communities.

## LEARNING OUTCOMES

Understand refugee rights, displacement impacts and mental health challenges.

Build skills in protection, cross-cultural communication and ethical work with migrants.

Examine migration-climate links and apply critical thinking to emerging issues.

Participate in fieldwork to strengthen advocacy and migrant integration strategies.

## DAILY PROGRAM

Day 1	<ul style="list-style-type: none"> <li>Welcome meeting</li> <li>Discussion on fears and expectations regarding the training</li> <li>Overview of the refugee situation in Spain</li> <li>Understanding migration and climate change</li> <li>Guided tour session highlighting migration history in Sevilla</li> </ul>
Day 2	<ul style="list-style-type: none"> <li>Understanding the risks of exclusion for unaccompanied minors</li> <li>Typologies, causes, and profiles of unaccompanied minors</li> <li>Migration routes and reception of unaccompanied minors</li> <li>Challenges and deficiencies in the support system for unaccompanied minors</li> </ul>
Day 3	<ul style="list-style-type: none"> <li>Visit to a social enterprise working for migrant inclusion</li> <li>Observation and interaction with migrant communities</li> <li>Discussion on the experiences of migrant women</li> </ul>
Day 4	<ul style="list-style-type: none"> <li>Theoretical approach to mental health in refugees and migrants</li> <li>Common mental health disorders caused by the migration process</li> <li>Types of reactions and preparing to face them</li> <li>Case study analysis on mental health issues</li> <li>Workshop on intercultural communication skills</li> </ul>
Day 5	<ul style="list-style-type: none"> <li>Visit to an institution for sharing experiences and good practices of intercultural communication</li> <li>Final meeting</li> </ul>