



Expert in cross-cultural facilitating

SHORT OVERVIEW

The training course is designed to equip professionals working in multicultural environments with key intercultural competencies. The main objective is to develop skills in cultural self-reflection, understanding cultural differences, and improving intercultural communication, enabling effective interaction and management of diversity in their respective roles. Access to other tools and handbooks will be given when participating in this course.

COMPETENCES

- Cultural Self-Reflection: Identifying and overcoming personal cultural biases.
- Cultural Understanding and Adaptation: The ability to empathise with and adapt to different cultural contexts.
- Intercultural Communication: Techniques for effective communication and conflict resolution in multicultural settings.
- Diversity Management: Promoting inclusion and effectively managing cultural diversity in the workplace.

RESULTS

- Reflect on their own cultural identity and how it influences their interactions.
- Better understand and adapt to cultural differences in their work environment.
- Communicate effectively in intercultural contexts, managing conflicts efficiently.
- Promote an inclusive and respectful environment, proactively managing cultural diversity.

STANDARD DAILY PROGRAM

0	Arrival.
1	<ul style="list-style-type: none"> -Welcome meeting. -Ice-breaking activities. -Discussion on fears and expectations regarding the training. -Introduction to Interculturality and self-reflection. -Welcome lunch for networking. -Guided tour, museum visit, or interactive session.
2	<ul style="list-style-type: none"> - Models of cultural understanding. - Empathy and cultural adaptation. - Practical workshop: case study analysis.
3	<ul style="list-style-type: none"> - Tolerance and diversity management. - Inclusion and diversity dynamics in mobilities. - Role-playing activities.
4	<ul style="list-style-type: none"> -Inclusive communication: transparent and opaque words -Managing Intercultural conflicts. -Workshop activity.
5	<ul style="list-style-type: none"> -Visit to an institution for sharing experiences and good practices of intercultural communication. -Evaluation of the training. -Farewell lunch.
6	Departure.