

Course name: Teacher Training Course: Teaching Sustainability in Schools

Course organizer: Arbor Talent Ltd.

Venue: Budapest, Hungary

Language: English

1. Relevance:

Our world is facing several challenges including climate change, environmental pollution, poverty and unequal rights and health and education. The 2030 Agenda for Sustainable Development (UN) addresses these issues.

As teachers we can contribute to the Agenda by preparing children for these challenges and to give them guidelines how they can react on these issues, as the individuals together have the force to make changes. But also, we have to call their attention, that active participation in local community life may contribute to a better life for all.

2. The course is for those:

- Who are willing to learn about the challenges our world is facing.
- Who want to learn how to change teachers' and students' mindset to make a more sustainable world.
- Who want to actively contribute to the changes.

5. Topic:

The course focuses on raising the awareness of the participants for sustainable development, developing their personal skills, providing additional knowledge and new methodological approaches.

A detailed introduction of sustainability will focus the attention of the participants on the problem, also giving guidelines on solutions and practical examples.

Acting for a more sustainable world must be started as early as possible, and in this, schools and teachers have a great responsibility by being a role model for the children, and by raising their awareness for the problem.

6. Learning outcomes:

- By the end of the training, participants get a deeper understanding about sustainability and sustainable development;
- Will be able to identify the points where they can integrate the topic in their curricula.
- Will be familiar with effective solutions, schools and programmes;
- Will develop their methodological repertoire;
- Will collect new ideas, best practices.

7. Why choose this course?

- Our trainers gained extensive knowledge and practice in the topic, e.g.: their research area is sustainability in sports and education.
- The course relies highly on the experience, knowledge and activity of participants.
- The training will be fine-tuned according to the participants' needs and interest which will be collected via questionnaires.
- We give focus on personal skill development. We work on the themes using sensitizing exercises, group and pair work, brainstorming, structured exercises, role plays, case discussions, co-counselling situations and reflective techniques and exercises.
- We intend to create a mutual and co-counselling learning situation.
- Institutional visits, watching and discussing documentary film and story telling of students are for extending and deepening knowledge and experience. Unit by unit we close the sessions with structured group discussions, mutual feedback.
- Making personal skill development and work plans serve the future work after closing the course.

8. Schedule

Day 1: Introduction to Sustainability

- **Overview of Sustainability:** Definitions, principles, and importance.
- **Sustainability in Education:** Why it matters and its impact on students and society.
- **Introduction to the Course:** Objectives, structure, and expectations.

Day 2: Understanding Sustainable Development Goals (SDGs)

- **Overview of SDGs:** Explanation of the 17 SDGs and their relevance to education.
- **SDGs in the Classroom:** How to integrate SDGs into the curriculum.
- **Case Studies:** Examples of successful SDG integration in schools.

Day 3: Pedagogical Approaches to Sustainability

- **Active Learning Strategies:** Engaging students in sustainability topics.
- **Project-Based Learning:** Designing and implementing sustainability projects.
- **Assessment Methods:** Evaluating student understanding and engagement.

Day 4-5: Environmental Sustainability

- **Climate Change Education:** Teaching about climate change and its effects.
- **Resource Management:** Sustainable use of resources in schools.
- **Green Initiatives:** Implementing eco-friendly practices in the classroom and school.

Day 6: Social Sustainability

- **Inclusivity and Diversity:** Promoting social equity and inclusion in education.
- **Community Engagement:** Building partnerships with local communities.
- **Mental Health and Well-being:** Addressing mental health through sustainability education.

Day 7: Economic Sustainability

- **Financial Literacy:** Teaching students about sustainable economic practices.
- **Sustainable Business Practices:** Integrating sustainability into business education.
- **Economic Impact of Sustainability:** Understanding the economic benefits of sustainable practices.

Day 8:

Visiting schools, where education of sustainability is integrated in the curriculum and have extra-curricular activities focusing on sustainability as well.

Day 9: Practical Implementation

- **Developing a Sustainability Action Plan:** Creating a plan for integrating sustainability into the school curriculum.
- **Resource Sharing:** Sharing materials, tools, and best practices.

- **Collaborative Projects:** Working on group projects to implement sustainability initiatives.

Day 10: Evaluation and Reflection

- **Assessment and Feedback:** Evaluating the effectiveness of sustainability education.
- **Reflection and Improvement:** Reflecting on the course and planning for future improvements.
- **Final Presentations:** Presenting action plans and projects to the group.