

Adult education best-practices - Working with Seniors (ADU)

- Course name: Adult education best-practices - Working with Seniors (ADU)
- Course organizer: Arbor Talent Ltd.
- Venue: Budapest, Hungary
- Language: English

PROGRAM PLAN

1. Topics:

- It is important to understand the principles of adult learning, focusing on how adults differ from younger learners and what motivates them. Participants can explore effective curriculum design, emphasizing the creation of relevant and engaging content that resonates with adult learners. Important to address cultural competence and inclusivity, ensuring that all learners feel respected and engaged.

2. Learning outcomes:

- Participants of this course will develop facilitation skills, including how to lead discussions and create a collaborative learning environment. They will be able to foster motivation and self-directed learning, empowering adults to take charge of their own education.

3. Group number:

- minimum: 3 person
- maximum: 10 person

4. Planned courses and registration deadline:

- 2025 January - February - March - April - May
- 2025 October - November
- Registration deadline: One month before the beginning of course

5. Schedule

Day 1

- Meeting at the office, get to know each other (Hopes&Fears)
- Welcome Session: Icebreaker activities for participants to get to know each other
- Meeting with a senior educator, participating in seniors activities

Day 2

- Meeting at the office, traveling to a University Senior Academy
- University Senior Academy presentation, good practice sharing
- Meeting with local social enterprise, presentation of their activities in Erasmus+ and how they include people with fewer opportunities and disabilities

Day 3

- Visiting school, roundtable discussion with teachers about best techniques and ideas
- Guided tour around the city
- Danube boat trip

Day 4

- Going to visit a Senior Program Center
- 60+ IT program presentation
- Meeting with the head of institution, institution and ICARE project presentation, talking with clients and colleagues, good practice sharing at a Social Service facility
- Visiting Home for the Elderly, presentations
- Free time

Day 5

- Future project planning
- Evaluation and closing of job shadowing program interviews
- Departure