

Teaching Sustainability- A Training Programme for teachers & school leaders

This three-day program aims to empower educators with the knowledge and tools to integrate sustainability into their teaching and school practices. It will delve into sustainability thinking, climate psychology and the integration of sustainability into teaching and everyday school life.



by Anna-Karin Berg



Training Objectives & Learning Outcomes



After the training you will have knowledge of:

- Sustainability in Education in the Swedish School System
- Character Education- what is it and how is it related to green sustainability?
- Climate Psychology
- The Swedish Secondary - Primary to Upper Secondary School System
- Examples of AcadeMedia's initiatives to greening the curriculum and schools.
- Examples of how different schools implement the frameworks for green sustainability in education.
- How to green the curriculum - from theory to practice.
- Strategies & tools to work with sustainability with students and colleagues.



After the training you will have developed your skills & competencies in:

- The English & Swedish language
- The Swedish philosophy behind the relationship human & nature
- Comparing different frameworks and school systems to green education and lessons.
- using different tools, methods and strategies to implement sustainable education with student & colleagues.
- Using self-assessment as a tool for professional development.
- Assessing the effect of using different tools, methods and strategies in compensational education.
- Intercultural communication & interaction.

Hopefully, you will also make connections & friends for life!

Schedule

Time & place

	Tuesday 10th of June	Wednesday 11th of June	Thursday 12th of June
9 – 12 Coffee break 10.00 Lunch 12.00	Place: AcadeMedia HQ Stockholm (AFK) Presenter: Petter Brobacke Climate psychology	Place: AFK Workshop on practical approaches to teach sustainability	Place: AFK Workshop on practical approaches to teach sustainability Next steps when returning to your school.
13 – 16 Coffee break 14.45	Presenters: Anna-Karin Berg Sustainability & the Swedish Curriculum Envirasmus-project Workshop	12.30 - 16.30 Visit to UrbanBee Workshop	Place: AFK Closing Seminar and evaluation Diploma Ceremony

Day 1: Introduction to Sustainability and Climate Psychology in Education

Morning Session

The day starts with an introduction to climate psychology, exploring how individuals perceive and react to climate change. Participants will gain insights into the psychological mechanisms that influence behaviour regarding sustainability.

Afternoon Session

The afternoon focuses on how sustainability is integrated into the Swedish curriculum, providing participants with a framework to adapt to their own educational systems. Interactive discussions allow participants to share experiences and develop strategies.

Day 2: Practical Tools and Methods for Engaging Students in Sustainability

Creating Sustainability Projects

Participants will learn how to design engaging and impactful sustainability projects that can be implemented in classrooms across different grade levels.

Digital Tools for Teaching

The workshop will introduce a range of digital tools and resources that can be used to teach about sustainability, including apps for carbon footprint tracking, simulation games and interactive platforms for climate discussions.

Climate-Focused Education

Participants will explore methods for engaging young people in climate action and fostering their long-term commitment to sustainability.



Day 3: From Theory to Practice - Implementing Sustainability in Daily Teaching

1

Sustainable School Culture

Learn how to create a sustainable school environment, both physically and pedagogically, by engaging the entire school community in reducing the school's environmental impact.

2

Sustainability in Action

Participants will develop concrete action plans for sustainability initiatives in their own schools, focusing on reducing the school's environmental footprint and fostering long-term change.

3

Evaluating Impact

Learn about sustainability assessment tools and methods for measuring the effectiveness of initiatives, ensuring ongoing progress and improvement.



From Learning to Action



Certificates

Participants will receive certificates recognizing their participation in the program and their commitment to sustainability in education.



Networking

The program provides opportunities to connect with fellow educators and share ideas and best practices.



Action Plans

Participants will create personal action plans outlining their strategies for implementing sustainability in their schools.

